Dermoscopy of nodular/plaque-type primary cutaneous T- and B-cell lymphomas: a retrospective comparative study with pseudolymphomas and tumoral/inflammatory mimickers by the International Dermoscopy Society

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6 Short title: Dermoscopy of nodular/plaque-type PCLs and their mimickers

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74 ABSTRACT:

75 Background: Limited data on dermoscopy of nodular/plaque-type T/B-cell primary cutaneous
76 lymphomas (PCLs) is available.

77 **Objective:** To describe dermoscopic features of nodular/plaque-type PCLs, comparing them 78 with those of clinical mimickers (pseudolymphomas, tumors, and inflammatory lesions) and 79 investigating possible differences according to histological subtypes.

Methods: Participants were invited to join this retrospective multicenter case-control study by
submitting histologically/immunohistochemically confirmed instances of nodular/plaque-type
PCLs and controls. A standardized assessment of the dermoscopic images and comparative
analyses were performed.

Results: A total of 261 lesions were finally included (121 PCLs/140 controls). Orange 84 85 structureless areas was the strongest PCLs dermoscopic predictor on multivariate analysis when compared to tumors and non-infiltrative inflammatory dermatoses. On the other hand, a 86 87 positive association was found between PCLs and either unfocused linear vessels with branches 88 or focal white structureless areas when compared to infiltrative inflammatory dermatoses, 89 whereas white lines were predictive of PCLs over pseudolymphomas. Differences in the 90 vascular pattern were also seen between B- and T-cell PCLs and among B-cell PCLs subtypes. 91 Limitations: Retrospective design and the lack of a dermoscopic-pathological correlation 92 analysis.

93 Conclusion: Nodular/plaque-type PCLs display dermoscopic clues which may partially vary
 94 according to histological subtype and whose diagnostic relevance depends on the considered
 95 clinical differential diagnoses.

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97 **Capsule summary:**

- Our study increases the knowledge on dermoscopy of nodular/plaque-type cutaneous
 lymphomas by comparing their dermoscopic features with those of clinical mimickers
 and investigating possible differences according to histologic background.
- Significance of dermoscopic findings in nodular/plaque-type cutaneous lymphomas
 should be interpreted based on the considered differential diagnosis and histologic
 subtype.

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121 INTRODUCTION

122 Primary cutaneous lymphomas (PCLs) are a heterogeneous group of T- and B-cell lymphomas 123 localized on the skin with no evidence of extracutaneous involvement at the time of diagnosis.^{1,2} Except for mycosis fungoides and lymphomatoid papulosis that display peculiar 124 morphologic patterns, most types of PCLs manifest as nonspecific reddish-purple nodules or 125 126 plaques, with a consequent wide list of possible differential diagnoses that includes tumoral and inflammatory conditions.¹⁻³ The most common forms of nodular/plaque-type T-cell PCLs 127 are CD30+ anaplastic large cell lymphoma (CD30+ ALCL) and CD4+ small/medium 128 129 lymphoproliferative disorder (CD4+ SMLD), while marginal zone lymphoma (MZL) and 130 follicle-center cell lymphoma (FCL) represent the most frequent variants of nodular/plaquetype B-cell PCLs.^{1,2} 131

Although the definitive diagnosis relies on histological and immunohistochemical 132 analyses, growing evidence supports a possible role of dermoscopy in increasing the index of 133 suspicion for PCLs besides clinical/anamnestic data.⁴⁻¹² However, while dermoscopic features 134 135 of mycosis fungoides have been investigated by several case-control studies, data on cutaneous lymphomas manifesting as nodules and/or plaques are scarce, with few case reports/series and 136 only one small case-control study published in the literature.¹² Additionally, little information 137 138 is available on possible dermoscopic differences among PCLs and on the usefulness of dermoscopy for the differential diagnosis between nodular/plaque-type PCLs and either 139 pseudolymphomas or clinically similar inflammatory lesions.¹² 140

141 The aim of this study was to investigate the dermoscopic morphology of different PCL 142 subtypes manifesting as nodules or plaques and to assess the value of dermoscopic criteria for 143 the discrimination of PCLs from clinical mimickers (including pseudolymphomas, tumors, and 144 inflammatory lesions). The study was conducted in accordance with ethical guidelines and IRB

145 approval was obtained.

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147 MATERIALS AND METHODS

This was a retrospective case-control study which was part of a larger project on PCLs launched
by the *International Dermoscopy Society* (IDS) via an online call published on the IDS website
(www.dermoscopy-ids.org).

151 PCLs diagnosed by histological and immunohistochemical analyses, clinically 152 manifesting as single/multiple nodules or plaques were eligible for the current analysis 153 (in case of multiple lesions in a single patient, we considered only the target lesion that was biopsied). Lymphomatous conditions presenting with either different clinical 154 155 morphologies (i.e., lymphomatoid papulosis and mycosis fungoides, typically 156 characterized by papules and scaly patches/plaques, respectively) or extra-cutaneous 157 manifestations (i.e., leukemia cutis and systemic lymphomas with secondary cutaneous 158 involvement) were therefore excluded from the study. Additionally, patients currently or 159 previously treated were also not included to avoid biases resulting from possible modifications of dermoscopic patterns by therapies. 160

161 The control group consisted of nodular/plaque-type skin lesions for which PCL was 162 included into the clinical differential diagnosis at the time of initial presentation; only untreated 163 and histologically confirmed lesions were considered eligible (immunohistochemistry and 164 molecular analyses were also required for pseudolymphomas diagnosis).

High quality clinical and dermoscopic pictures (captured at x10 magnification) as well
as information on patients' age and gender, target lesion localization, and histological subtype
(for PCLs group) were mandatory.

168 Two independent investigators (EE, AL), blinded to clinical presentation and final 169 diagnosis, evaluated the images for the presence of predefined dermoscopic criteria. 170 Interobserver agreement was evaluated through Cohen's kappa coefficient. Dermoscopic 171 variables were selected according to the recent consensus document by the IDS on dermoscopy 172 of infiltrative, infectious and inflammatory dermatoses, which includes five standardized basic parameters with several possible sub-items for each of them:¹³ (I) vessels (morphology and 173 distribution); (II) scales (color and distribution); (III) appendages findings; (IV) "other 174 175 structures" (features other than vessels, scales and follicular findings) (including color and 176 morphology); and (V) "specific clues" (features strongly suggestive of a dermatosis due to a 177 strict correlation with highly specific/sensitive histological findings).

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179 Statistical analysis:

All separate clinical and dermoscopic variables were included in the analysis. Categorical data 180 181 are presented as numbers and frequencies and were compared using Pearson's chi-square test. 182 Relative risks were calculated for all dichotomous variables. Crude and adjusted odds ratios and corresponding 95% confidence intervals (95% CI) were calculated by univariate and 183 184 conditional multivariate logistic regression, respectively. Forward inclusion and backward 185 elimination were used. Alpha level was set at 0.05 and an alpha level of 0.20 was used as cut-186 off for variable removal in the automated model selection for multivariate logistic regression. 187 Variables that were statistical significantly associated with diagnoses, were also 188 controlled via multivariate logistic regression. Because a large number of predictors were 189 to be included in the univariate analyses we employed the Bonferonni correction for 190 multiple hypothesis testing (setting P<0.001 for 10-30 variables). The Type I error 191 probability associated with all tests in this study was set to 0.05. Statistical analyses were

- 192 performed using the statistical package for social sciences statistical software (version 24.0,
- 193 IBM SPSS Statistics for Windows, Armonk, NY, USA: IBM Corp).
- 194

195 **RESULTS**

196 A total of 261 lesions provided by 16 different centers were finally recruited for the analysis, 197 including 95 B-cell PCLs (44 MZL, 37 FCL, and 14 diffuse large cell B-lymphomas) and 26 198 T-cell PCLs (17 CD30+ ALCL and 9 CD4+ SMLD) in the lymphomas group (total cases: 121) 199 and 33 pseudolymphomas, 56 tumors (17 basal cell carcinomas, 9 squamous cell carcinomas, 200 8 adnexal tumors, 4 Merkel cell carcinomas, 3 dermatofibrosarcoma protuberans, 3 seborrheic 201 keratoses, 3 metastases, 2 amelanotic melanomas, 2 cellular dermatofibromas, 2 leiomyomas, 202 1 dermal nevus, 1 atypical Spitz tumor, and 1 Kaposi sarcoma), 29 infiltrative inflammatory 203 dermatoses (21 granulomatous dermatoses and 8 histiocytoses), and 22 non-infiltrative inflammatory dermatoses (8 discoid lupus erythematosus, 6 granuloma faciale, 2 lupus 204 tumidus, 2 persistent insect bites, 2 epidermoid cysts, 1 molluscum contagiosum, and 1 205 206 hypertrophic lichen planus) in the control group (total cases: 140).

Details on analytic results and comparative analysis of dermoscopic findings for cases and controls (as a whole and divided into clinical subtypes) are shown in Tables S1 and 1. The interobserver agreement for dermoscopic variables was high with Cohen's kappa ranging from 0.67 to 0.91.

The main vascular findings of nodular/plaque-type PCLs turned out to be unfocused linear vessels with branches (39.7%) followed by unfocused dotted (28.9%) and linear-curved (28.1%) vessels, while focal white and orange structureless areas (54.5% for both of them) along with white lines (total: 42.1%; unspecifically arranged: 25.6%) were the most common non-vascular features. Of note, all the aforementioned dermoscopic findings, along with orange

216 globules, resulted to be significantly more common in PCLs group compared to the control 217 group. On the other hand, well-focused vessels (linear, linear with branches, and linear-curved), 218 dotted vessels with white halos, diffuse white structureless areas, brown and blue globules, and 219 brown, purple and yellow structureless areas were significantly more common in the controls. 220 Nevertheless, only a few of the aforementioned criteria were found to represent robust 221 diagnostic predictors in the univariate (Table S2) and multivariate analysis (Table 2). In detail, 222 the latter revealed a positive association between nodular/plaque-type PCLs and the following 223 findings: focal white (OR 2.35; 95%CI 1.29-4.28) and orange (OR: 3.96; 95%CI 2.13-7.34) 224 structureless areas, orange globules (OR: 6.62; 95%CI 1.17-37.44), and white lines (total) (OR: 225 1.94; 95%CI 1.02-3.69) (Figure 1). Conversely, linear vessels with branches (well-focused) 226 and purple structureless areas showed an inverse correlation (OR: 0.30; 95%CI 0.12-0.74 and 227 OR: 0.18; 95% CI 0.04-0.85, respectively).

228 When it comes to the comparative sub-analysis between PCLs and each subtype of 229 controls, several significant differences were observed (Table 1), with a variable correlation on 230 univariate (Table S3) and multivariate (Table 2) analyses. In particular, multivariate positive 231 predictors for nodular/plaque-type PCLs included orange structureless areas (when compared 232 to tumors [OR: 65.01; 95% CI 6.86-616.10] and non-infiltrative inflammatory dermatoses [OR: 233 10.46; 95% CI 2.23-49.01]), focal white structureless areas (when compared to infiltrative [OR 234 9.47; 95%CI 2.03-44.12] and non-infiltrative inflammatory dermatoses [OR: 10.10; 95%CI 235 2.16-47.34]), unfocused linear vessels with branches (when compared to infiltrative 236 inflammatory dermatoses [OR: 4.25; 95%CI 1.09-16.59]), and white lines (when compared to 237 pseudolymphomas [OR: 2.50; 95% CI 0.99-6.24]) (Table 2; Figures S1-S2). On the other hand, 238 diffuse white structureless areas, brown structureless areas, and purple structureless areas 239 turned out to be negatively associated with PCLs (all of them when compared to tumors [OR:

0.05, 0.08, and 0.12, respectively] and only the last one when compared to infiltrative
inflammatory dermatoses [OR: 0.02]) (Table 2; Figure S1).

242 The dermoscopic analysis according to histological PCLs subtypes revealed only one 243 potent predictor for the differential diagnosis between B-cell and T-cell PCLs: the presence of 244 unfocused dotted vessels (Table S4), which were significantly more common in T-cell PCLs 245 (OR for B-cell PCLs: 0.31 (95%CI 0.12-0.79) in the multivariate analysis (Figure S2). Several 246 differences were observed among the B-cell PCLs subtypes (Table S5), yet only the presence 247 of unfocused linear vessels with branches resulted to be relevant on multivariate analysis, with 248 an OR of 2.79 (95%CI 1.07-7.28) for MZL (Figure S2). Finally, no significant dermoscopic 249 difference was found among T-cell histological subtypes (Table S6).

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251 **DISCUSSION**

In line with available literature data, the present analysis confirms that orange and white focal 252 253 structureless areas are the most common non-vascular dermoscopic findings of nodular/plaquetype PCLs (either B-cell or T-cell).⁴⁻¹² These features are supposed to correlate to the dense 254 dermal cellular infiltrate ("mass effect") and either dermal reactive fibrosis or focally reduced 255 "grenz zone" due to patchy, nodular, more superficial infiltrate in the papillary dermis, 256 respectively.^{8,11} Of note, the presence of orange color (either as globules or focal structureless 257 258 areas) displayed the strongest positive association with nodular/plaque-type PCLs when compared to the entire control group, consistently with previous data.⁴⁻¹² Additionally, white 259 260 lines and focal white structureless areas were also positively linked to nodular/plaque-type 261 PCLs, whereas purple structureless areas and well-focused linear vessels with branches showed 262 a negative association. Indeed, vascular structures in nodular/plaque-type PCLs were mainly blurred likely due to their location in deeper dermis with consequent scattering of light by 263

dermal collagen fibers,¹⁴ which may be increased in such lesions.^{8,11} Interestingly, dermal fibrosis might also be responsible for the presence of white lines, that turned out to be a relevant finding in our study.

Notably, compared to previous analyses,^{4,5,8} we observed a lower prevalence of follicular plugs and a different predominant vascular pattern, with linear vessels with branches being the most frequent. It is possible that such differences are due to different sample size, different types of included lymphomas and variability of the lesions' duration, since the histological background may vary according to the lesion's evolution stage.¹¹ However, the latter hypothesis has never been investigated so far due to the difficulty to assess the precise onset of each nodule/plaque in multilesional instances.

274 We also compared dermoscopic features of nodular/plaque-type PCLs to those of each 275 clinical category of mimickers, highlighting several relevant differences. Indeed, whereas orange structureless areas turned out to be strongly associated with PCLs when compared to 276 tumors and non-infiltrative dermatoses, they were of no aid in distinguishing PCLs from 277 278 infiltrative dermatoses and pseudolymphomas. This is because the latter entities are also 279 histologically characterized by a dense cellular infiltrate giving rise to orange color on dermoscopy.^{15,16} However, according to our findings, unfocused linear vessels with branches 280 281 and focal white structureless areas predicted the diagnosis of nodular/plaque-type PCLs when 282 compared to infiltrative dermatoses, whereas the presence of white lines is predictive of 283 nodular/plaque-type PCLs over pseudolymphomas. These differences are related to the 284 histological background, since infiltrative dermatoses, especially granulomatous dermatoses, 285 are often typified by a dense cellular infiltrate that displaces the dermal vessels upwards, so that they appear sharper on dermoscopy (as they are closer to the skin surface).¹⁵ On the other 286 287 hand, the association between nodular/plaque type PCLs and both focal white areas and white

288 lines might be due to the higher prevalence of reactive fibrosis compared to infiltrative dermatoses and pseudolymphomas.^{11,13,17} Of note, this is the first study highlighting a possible 289 290 dermoscopic variability between PCLs and pseudolymphomas as previous analyses assessed such conditions together, without comparing their dermoscopic features.^{8,12} The subgroup 291 292 analysis between PCLs and other tumors also revealed three negative PCL predictors: white 293 structureless areas (diffuse), purple structureless areas and brown structureless areas, with the 294 first two usually encountered in keratinizing tumors and the last one typical of pigment-295 producing lesions (of either melanocytic or non-melanocytic derivation).

Finally, our analysis revealed a variability in the dermoscopic vascular pattern of PCLs according to their histological subtype. Specifically, unfocused dotted vessels predicted T-cell over B-cell PCLs, while unfocused linear vessels with branches predicted marginal zone lymphoma over other B-cell PCLs variants. No significant difference was found among T-cell PCLs subtypes. It is possible that the observed variability in vascular morphology might be due to different patterns of angiogenesis as it has been demonstrated that vessels growth in PCLs is influenced by tumor cell type, as well as different microenvironments.^{18,19}

303 The main limitation of the present study is the retrospective design, which is prone to 304 recall and observation biases, that were addressed by involving evaluators who did not 305 contribute to sample collection. A large number of predictors have been included in the 306 univariate analyses without correction for multiple hypothesis testing. In fact, we chose to 307 analyze each predictor separately as several features are very likely to be statistically significant 308 just by spurious association or chance given the amount of independent tests that were 309 performed. Additionally, the p-value of each significantly flagged predictor is indicative of its 310 value (with values P<0.001 demonstrating those of importance) and those predictors that remain statistically significant in the multivariate analyses are already adjusted for the effect 311

of other predictors and therefore **can be deemed statistically significant**. Finally, all mentioned dermoscopic-pathological correlations were based on previous studies or common reasoning and the possible influence of lesion duration on dermoscopic appearance was not considered. Consequently, our results should be interpreted with caution and future research including dermoscopic-histological analyses and analysis according to lesion stage are needed to confirm our findings.

318 In conclusion, our findings emphasize that nodular/plaque-type PCLs may display 319 several vascular and non-vascular clues on dermoscopy and the diagnostic significance of 320 dermoscopic criteria remarkably varies according to the clinical differential diagnosis. 321 Additionally, some differences in terms of vascular dermoscopic pattern may be observed 322 among PCLs subtypes. However, the decision to biopsy a specific lesion cannot rely only on 323 dermoscopic features, but should be based on integrating anamnestic, clinical and dermoscopic findings, according to the "two-step" rule (clinical differential diagnosis followed by 324 dermoscopic examination).¹⁶ On the other hand, dermoscopy may guide clinicians in sampling 325 326 the most informative lesion/area, as some dermoscopic features are likely to be related to more relevant histological findings (e.g., orange areas and compact lymphomatous cellular 327 infiltrate). 328

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Figures legend:

Figure 1. Marginal zone B-cell primary cutaneous lymphoma (PCL): dermoscopy reveals the main clues, i.e., white (black arrow) and orange (white arrow) structureless areas, unfocused vessels with branches (white arrowhead), and white lines (black arrowhead) (A). Folliclecenter B-cell PCL: dermoscopy shows orange globules, along linear (arrowheads) and linearcurved (arrows) unfocused vessels (B).

387 Figure S1. Marginal zone B-cell primary cutaneous lymphoma (PCL): dermoscopic 388 assessment shows focal orange structureless areas, unfocused linear vessels with branches, and 389 follicular plugs (A); dermoscopy of basal cell carcinoma also reveals linear vessels with 390 branches, but they are sharper than those seen in PCL (B). CD30+ anaplastic large cell PCL: 391 dermoscopic examination displays white lines and polymorphous vascular pattern (dotted, 392 linear-curved and linear with branches vessels) along with both orange and white focal 393 structureless areas (C); squamous cell carcinoma: diffuse white structureless area, purpuric 394 structureless areas, and linear-irregular vessels are seen on dermoscopy (D). Follicle-center B-395 cell PCL: dermoscopy reveals both white and orange structureless areas as well as unfocused 396 linear vessels with branches (E) (reused with permission from J Eur Acad Dermatol Venereol 397 2021. doi: 10.1111/jdv.17219); dermoscopic assessment of sarcoidosis also shows orange 398 structureless areas and linear vessels with branches, yet they are more focused than those seen 399 in PCL (F). Follicle-center B-cell PCL: dermoscopic examination displays both orange (arrow) 400 and white (arrowhead) focal structureless areas along with unfocused linear/linear-curved 401 vessels (G); dermoscopy of lupus tumidus reveals linear/linear-curved vessels with no orange 402 area (H).

403 Figure S2. Dermoscopy of both marginal zone B-cell primary cutaneous lymphoma (PCL) (A)
404 and B-cell pseudolymphoma (B) shows unfocused linear/linear-curved vessels and follicular

plugs, yet only the former also displays white lines. The main dermoscopic differences between
B-cell (follicle-center variant – C) and T-cell (CD 30+ anaplastic large cell lymphoma – D)
PCL regards the vascular pattern, with the latter being positively associated with dotted vessels.
Considering the group of B-cell PCLs, marginal zone lymphoma (E) is more commonly
associated with unfocused linear vessels with branches than other variants, as shown in figure
F, in which follicle-center cell lymphoma mainly shows linear/linear-irregular vessels.

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Table 1. Dermoscopic comparative analysis between nodular, plaque-type 1 and 5 primary cutaneous symptomas and control subgroups (neoplastic lesions, infiltrative inflammatory dermatoses, non-infiltrative dermatoses, and pseudolymphomas), with prevalence data and statistical differences

$ \begin{array}{ c c c c c c c c } & lesions & dermatoses & dermatoses & (n=33) & (n=33) & (n=56) & (n=29) & (n=22) & N(\%) & $	3^{5} 7^{55} 7^{1} 3^{1+} 1^{5} 6^{5} 2^{55} 6^{5} 2^{55}
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*Pearson's Chi Square test (statistical significance set at p<0.05); [§]Lymphomas vs Neoplastic lesions; ^{§§}Lymphomas vs Infiltrative dermatoses; ^{††}Lymphomas vs Pseudolymphomas

Table 2. Mattivanate (adjusted) dermoscopic predictors for housinary plaque-type F and D primary cutaneous lymphomas when compared to the whole control group and different clinical subgroups (neoplastic lesions, infiltrative inflammatory dermatoses, non-infiltrative inflammatory dermatoses, and pseudolymphomas)

Dermoscopic variable	p-value*	OR**	Low 95%	High 95%			
Lymphomas vs all controls							
Linear vessels with branches (well- focused)	0.008	0.300	0.123	0.735			
White structureless areas (focal)	0.005	2.350	1.291	4.277			
Orange structureless areas (focal)	0.000	3.957	2.132	7.342			
Purple structureless areas (total)	0.030	0.180	0.038	0.850			
Orange globules	0.033	6.618	1.170	37.437			
White lines (total)	0.044	1.935	1.017	3.682			
Lymphomas vs neoplastic lesions							
Linear vessels with branches (well- focused)	0.018	0.256	0.082	0.795			
White structureless areas (diffuse)	0.025	0.047	0.003	0.681			
Brown structureless areas (total)	0.028	0.083	0.009	0.760			
Orange structureless areas (total)	< 0.001	65.011	6.860	616.101			
Purple structureless areas (total)	0.045	0.119	0.015	0.954			
Lymphomas vs infiltrative inflammatory dermatoses							
Linear vessels with branches (unfocused)	0.038	4.245	1.086	16.589			
White structureless areas (total)	0.004	9.473	2.034	44.118			
Purple structureless areas (total)	0.002	0.021	0.002	0.229			
Lymphomas vs non-infiltrative inflammatory dermatoses							
White structureless areas (focal)	0.003	10.103	2.156	47.339			
Orange structureless areas (total)	0.003	10.464	2.234	49.011			
Lymphomas vs pseudolymphomas	Lymphomas vs pseudolymphomas						
White lines (total)	0.049	2.498	0.999	6.243			

*p<0.05 deemed as statistically significant; **Odds ratios approximated via multivariate logistic regression.



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Capsule summary:

- Our study increases the knowledge on dermoscopy of nodular/plaque-type cutaneous lymphomas by comparing their dermoscopic features with those of clinical mimickers and investigating possible differences according to histologic background.
- Significance of dermoscopic findings in nodular/plaque-type cutaneous lymphomas should be interpreted based on the considered differential diagnosis and histologic subtype.

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