Cutaneous tuberculosis. Part I: Pathogenesis, classification, and clinical features

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PII: S0190-9622(22)00202-X

DOI: https://doi.org/10.1016/j.jaad.2021.12.063

Reference: YMJD 16641

To appear in: Journal of the American Academy of Dermatology

Received Date: 2 September 2021

Revised Date: 12 December 2021

Accepted Date: 31 December 2021

Please cite this article as: Kaul S, Kaur I, Mehta S, Singal A, Cutaneous tuberculosis. Part I: Pathogenesis, classification, and clinical features, *Journal of the American Academy of Dermatology* (2022), doi: https://doi.org/10.1016/j.jaad.2021.12.063.

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## 1 <u>CME Part I</u>

## 2 Article Title: Cutaneous tuberculosis. Part I: Pathogenesis, classification, and clinical features.

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- 13 Abstract word count: 143
- 14 Manuscript word count: 2991
- **No. of Figures:** 17
- 16 No. of tables: 3
- 17 Conflict of interest: None
- 18 **Financial disclosures:** None
- 19 Keywords: Mycobacterium, tuberculosis, BCG, skin, cutaneous, lupus vulgaris, scrofuloderma, lichen
- 20 scrofulosorum, tuberculid, erythema induratum, papulonecrotic tuberculid
- 21 **Consent:** Informed consent was obtained for the use of pictures.
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#### **Abbreviations:**

- BCG: bacilli Calmette-Guerin
- CTB: Cutaneous TB
- HIV/AIDS: Human immunodeficiency virus/Acquired immune deficiency syndrome
- LV: Lupus vulgaris
- MTB: Mycobacterium tuberculosis
- PCR: Polymerase chain reaction
- **TB:** Tuberculosis
- ournal Preveno TBVC: Tuberculous verrucosa cutis
- US: United States

## 

## 51 Abstract

Tuberculosis is an ancient disease that continues to affect an estimated 10 million people per year and is responsible for 1.4 million deaths per year. Additionally, the HIV epidemic and multi-drug resistance present challenges to disease control. Cutaneous tuberculosis is an uncommon, often indolent, manifestation of Mycobacterial infection that has a varied presentation. Diagnosis is challenging as lesions mimic other more common conditions and microbiological confirmation is often not possible. Cutaneous tuberculosis can be broadly categorized into multibacillary and paucibacillary forms. About one-third of skin tuberculosis is associated with systemic involvement. By early recognition of cutaneous tuberculosis, dermatologists can play an important role in disease control. The first article in this 2-part continuing medical education series describes the latest epidemiology, microbiology, and pathogenesis of tuberculosis. Furthermore, we review the classification, clinical manifestations, common clinical differentials, and systemic involvement that occurs in cutaneous tuberculosis.

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## 77 Introduction

78 Tuberculosis (TB) is a chronic granulomatous infection caused by Mycobacterium tuberculosis (MTB), and rarely by *M. bovis* or *bacille Calmette-Guérin* (BCG) strains, that can possibly affect any organ. 79 80 Although the bacterium has been in existence for over 70,000 years, and effective treatment is available, it continues to be a major public health concern in developing nations.<sup>1</sup> Moreover, with globalization and the 81 movement of populations across nations, TB can spread to areas of low prevalence.<sup>2</sup> Infection can present 82 83 either as latent infection (asymptomatic and detected by screening), or progress to active disease (symptomatic) in those with low immunity. Globally, over 1.5 million deaths were from TB in the year 84 2020.<sup>3</sup> Apart from its infectious nature, chronic course, and the need for prolonged treatment, the worldwide 85 86 spread of Human immunodeficiency virus/Acquired immune deficiency syndrome (HIV/AIDS) and the emergence of multi-drug resistant strains represent additional challenges to disease control.<sup>1,4</sup> Lungs are the 87 88 most common site of infection and extra-pulmonary TB constitutes between 8 – 24% of cases.<sup>3</sup> Cutaneous TB (CTB) accounts for about 1.5 - 3% of extra-pulmonary cases.<sup>5,6</sup> As infection of the skin is an 89 90 uncommon, often insidious manifestation that has myriad possible morphologies, it can be overlooked. 91 CTB frequently has systemic involvement and dermatologists can play a role in early identification and 92 management. The first part of this continuing medical education series elucidates the epidemiology, 93 pathogenesis, and the spectrum of CTB.

94

## 95 Epidemiology of Tuberculosis

- 96 Key points
- Tuberculosis remains a global public health concern with an incidence of 10 million cases annually
- In endemic areas, cutaneous tuberculosis is more common in children than adults
- HIV co-infection promotes disseminated disease, drug resistance, and mortality from tuberculosis

100

101 Worldwide distribution

102 Globally, TB has long been the most common cause of death from a single infectious agent, 103 surpassing HIV since 2007. According to the World Health Organization Global tuberculosis report, in 2020, the incidence of new infections was about 9.9 million worldwide.<sup>2,3</sup> The majority of the burden is in 104 105 a few geographical areas: 43% in South-East Asia, 25% in Africa, and 18% in Western Pacific.<sup>3</sup> Notably, 106 five countries account for over half of the global disease burden: India, China, Indonesia, the Philippines, 107 and Pakistan.<sup>3</sup> By comparison, in 2019 the United States (US) recorded a total of 8,916 cases of TB that 108 represents an incidence rate of 2.7 per 100,000 persons. About 71% of these infections occurred in persons 109 born outside of the US.<sup>5,7</sup> In areas of low prevalence, such as Japan and Hong Kong, CTB accounts for 0.03 -0.06% of dermatology patients, whereas data from endemic areas, such as India and Brazil, showed that 110 CTB comprises about 0.1 - 2% of dermatology patients <sup>5,6,8-13</sup> Over time, there has been a trend towards 111 change in the distribution of CTB types – decrease in true CTB (especially, scrofuloderma and tuberculous 112 113 verrucosa cutis (TBVC)) and increase in tuberculids (particularly, erythema induratum of Bazin and papulonecrotic tuberculid).<sup>9,10</sup> 114

## 115 Age and Gender

TB can affect people of any age or sex; worldwide, infections are more prevalent in men (56%),
followed by women (32%), and children (12%).<sup>3</sup> Similarly, most CTB studies have reported a male
preponderance, except for studies from Brazil, Spain, and Ethiopia.<sup>5,10,12–18</sup> Compared with developed
nations, studies from India, China, and Morocco reported more children and young adults affected with
CTB, comprising 48 – 63% of all cases.<sup>8,11,12,18-21</sup>

## 121 Effect of HIV co-infection

Worldwide, about 8% of all TB infections occur in those with HIV.<sup>3</sup> HIV/AIDS is the strongest predisposing factor to TB disease.<sup>2</sup> Additionally, HIV co-infection predisposes to severe disease, multidrug resistant TB disease, and mortality.<sup>2,4</sup> The depletion of CD4 cells in HIV/AIDS is a proposed explanation for poor granuloma formation and high bacillary load.<sup>7, 22</sup> Both primary drug resistance, due to transmission of resistant Mycobacterial strains, and acquired resistance, due to de novo mutations can occur. 127 Malabsorption, difficulty adhering to complex medication regimens, and a possible higher mutation rate in 128 dual infected persons contribute to acquired resistance.<sup>4</sup> Pathogenesis of Cutaneous Tuberculosis 129 **Key points** 130 131 The most common causative agent is Mycobacterium tuberculosis The *M. tuberculosis* genome facilitates evasion of innate immunity 132 133 Disease manifestation is a result of a complex interplay between bacterial virulence, host immune • status, and route of infection 134 135 Microbiology 136

6

MTB is the predominant causative agent of tuberculosis. Rarely, CTB can be caused by *M. bovis* or BCG bacillus (an attenuated *M. bovis* strain used for vaccination).<sup>23,24</sup> MTB is an acid-fast non-spore forming aerobic bacillus that is a facultative intracellular pathogen.<sup>25</sup> It has a prominent lipid-containing cell envelope that assists in immune evasion. Additionally, it replicates slowly and has a duplication time of 20 hours.<sup>26</sup> MTB is neither gram positive nor negative but can be identified by Ziehl-Neelsen staining as it retains the red fuchsin stain and resists decolorization with acid or alcohol.<sup>25,27</sup>

## 143 Immunopathogenesis

Clinical presentation and disease progression are a result of a complex interplay between bacterial
 virulence, host immune status, and route of infection.<sup>23</sup>

The tubercle bacillus has several properties that allow it to survive intracellularly. One tenth of the *M*. *tuberculosis* genome is made up of genes that encode antigens for evasion of innate immunity.<sup>25</sup> The inhaled bacilli infect alveolar macrophages and dendritic cells, invade the phagosomes, and arrest phagosome maturation by secretion of serine/threonine kinases. The bacilli can survive in the hostile phagosome environment by expression of stress-adaptive genes, production of enzymes (KatG) to inactivate phagosomal reactive oxygen species (ROS), and prevention of phago-lysosome fusion. The bacilli that survive replicate in the phagosomes, and their complex envelope lipids facilitate escape from the
 phagosomes.<sup>26</sup>

Both innate and adaptive immunity play a role in the control of mycobacterial infection.<sup>28</sup> Toll-like 154 155 receptors (TLRs), especially, TLR2, TLR4 and TLR9, present on alveolar macrophages and dendritic cells help recognize mycobacteria via pathogen associated molecular patterns present on the bacilli.<sup>28</sup> This 156 interaction triggers the innate immune response. TLR activation also upregulates the vitamin D pathway to 157 promote production of antimicrobial peptides that inhibit M. tuberculosis growth.<sup>26</sup> The initial anti-158 159 mycobacterial activity is via production of reactive nitrogen and oxygen in the macrophages. Then cytokines and chemokines (IL-6, IL-12, IL-1 $\alpha$ , IL-1 $\beta$ , TNF- $\alpha$ ) released by activated dendritic cells recruit 160 other inflammatory cells, such as monocytes, neutrophils, lymphocytes, and Natural Killer (NK) cells.<sup>26,28</sup> 161 Activated CD8+ and NK cells release interferon- $\gamma$  (IFN- $\gamma$ ) in response to IL-12 and IL-18 produced by 162 163 dendritic cells.<sup>26,28</sup> IFN-y promotes phagosomal maturation and induces autophagy of macrophage phagosomes, thereby promoting mycobacterial killing. Furthermore, NK cells facilitate direct lysis of 164 infected macrophages and secrete IL-22, which hampers bacterial replication.<sup>26</sup> Further control of infection 165 is mediated by TNF- $\alpha$ , which is produced by several inflammatory cells, through the formation of 166 granulomas.<sup>28</sup> Associated caseation necrosis is characteristic.<sup>29</sup> Recent evidence points to an important role 167 of Th17 cells in the development and maintenance of granulomas.<sup>26</sup> An exuberant immune response can 168 lead to neutrophil mediated tissue destruction, as in cavitary pulmonary TB.<sup>26,28</sup> 169

170 Host and environmental factors

171 <u>Host factors</u>

About one-fourth of the world's population is estimated to have latent TB.<sup>3,30</sup> An estimated 5 – 10% of the population exposed to MTB develops active TB.<sup>26</sup> The fact that exposure to the tubercle bacillus is much more common than clinical infection highlights the importance of host factors in infection and disease progression. Genetic alterations that interfere with components of the immune pathway required to contain mycobacteria can lead to more severe disease; polymorphisms in Mannose binding protein and mutations in the genes for IFN- $\gamma$ R and IL-12 receptor  $\beta$ 1 promote the development of disseminated TB.<sup>31</sup>

178 Presence of comorbid conditions, such as HIV, diabetes, and malnutrition can dampen the immune system's ability to contain TB.<sup>29</sup> HIV/AIDS increases the risk of disseminated infection and mortality from TB by 179 depleting the CD4 pool, which decreases available IFN- $\gamma$ , which is an essential mediator in defense against 180 181 TB.<sup>26,31</sup> Children are more likely to develop active TB infection after exposure with a 60 - 80% infection rate postexposure.<sup>31</sup> If the first exposure to TB leads to a disease manifestation, it is termed a "primary" 182 infection. If initially contained without symptoms, there is potential for reactivation ("secondary" CTB).<sup>31</sup> 183 184 In those with a history of BCG vaccination (only approved TB vaccine used in endemic areas), there may be partial immunity to MTB. Although vaccination prevents disseminated and meningeal involvement in 185 children, efficacy in adults is lower and varies from 0 - 80%.<sup>32</sup> 186

### 187 Route of infection

The route of infection, in conjunction with immune status, determines the presentation. Inoculation TB presents as a chancre in those without prior exposure to tubercle bacilli, lupus vulgaris (LV) in those with partial immunity, and TBVC in those with a robust immune response.<sup>23,33</sup> By hematogenous spread, an immunosuppressed host can develop acute miliary CTB or TB abscess, whereas in a host with some immunity to TB, hematogenous spread can present as LV.<sup>34,35</sup> In those with suppressed immunity, autoinoculation from the gastrointestinal or respiratory tract presents as erosive disease characteristic of orificial TB. Contiguous spread from lymph nodes or bones gives rise to scrofuloderma.<sup>23</sup>

## 195 <u>Geographical variation</u>

Much of the TB burden is concentrated in resource poor nations. The WHO global TB report reported the countries with the highest caseload: India accounts for 26%, Indonesia 8.5%, China 8.4%, the Philippines 6%, Pakistan 5.7%, and Nigeria 4.4%.<sup>3</sup> This distribution is due to downstream effects of socioeconomic differences.

## 200 <u>Socio-economic considerations</u>

Poverty and lack of education are associated with overcrowding, poor sanitation, insufficient nutrition, and inadequate access to healthcare.<sup>36, 37</sup> These factors contribute to spread of TB, inadequate treatment, and severe disease supported by evidence from endemic areas. The prevalence of tuberculosis in

- those below the poverty line in India was reported to be 1.5 times higher than those above it.<sup>36</sup> Similarly,
  in China, illiteracy is a risk factor for TB, whereas a higher income is protective.<sup>37</sup> Furthermore,
  malnutrition is a risk factor for severe disease.<sup>31</sup>
- 207

208 Classification

- 209 Key points
- The classification of cutaneous TB is complex and depends on several factors, including route of
   infection, immune status, prior tuberculosis exposure
- Based on bacillary load, it can be multibacillary or paucibacillary
- Based on the route of infection, it is categorized as endogenous or exogenous
- 214

Because of the many factors that determine disease presentation, including route of infection, prior exposure, bacterial load and immunity, the classification of cutaneous tuberculosis is complex and variable. In general, CTB is divided into true TB and tuberculids. True CTB have demonstrable MTB in the lesions, by conventional (microscopy and culture) or molecular diagnostic methods (PCR). Tuberculids are hypersensitivity reactions ("id" reaction) to mycobacterial antigens, indicate a strong immune response, and do not have any detectable lesional mycobacteria.<sup>38-40</sup> However, rarely PCR may be positive.<sup>39,40</sup> True CTB can be further classified based on bacillary load and route of infection. The classification is

outlined in Table 1.<sup>23,41</sup>

## 223 Based on mycobacterial load and host immunity

Multibacillary forms of CTB have a high bacilli load, which facilitates detection of mycobacteria on microscopy or isolation in culture. These forms include tuberculous chancre, TB gumma, acute miliary TB, scrofuloderma, and orificial TB.<sup>20,42</sup>

Paucibacillary types have sparse mycobacteria, thus, microscopy and culture are usually negative:
 LV, TBVC and all the tuberculids.<sup>20,42</sup>

**Based on route of infection** 

230	Endogenous TB encompasses all the forms spread by hematogenous or contiguous routes. Acute		
231	miliary TB and TB gumma occur by hematogenous spread. Scrofuloderma spreads from underlying		
232	structures, while self-inoculation from the gastrointestinal tract can result in orificial TB. <sup>38</sup>		
233	Exogenous TB refers to those acquired by inoculation, and classically includes tuberculous chancre		
234	and TB verrucosa cutis. LV can also occur after inoculation, such as after tattooing or injections, in a host		
235	with some immunity due to prior BCG vaccination or TB exposure. <sup>33,38,43</sup>		
236			
237	Clinical features of Cutaneous Tuberculosis		
238	Key points		
239	• Cutaneous TB has a wide range of morphological presentations and may mimic several infectious		
240	and non-infectious dermatoses		
241	• Clinical diagnosis is often delayed and requires a high index of suspicion		
242	• All cases should be evaluated for regional lymphadenopathy and a systemic focus of TB		
243			
244	Symptoms and physical exam findings		
245	True cutaneous tuberculosis		
246	Tuberculous chancre		
247	Also called primary inoculation TB, it is a rare form $(0 - 1\%$ of all CTB) and occurs after		
248	mycobacterial entry via an injury that is often unnoticed.(Figure 1) About 2 - 4 weeks later, a brown-red		
249	asymptomatic papule develops at the site of entry, which can form a friable painless ulcer with undermined		
250	edges. <sup>12,27,44</sup> Regional lymphadenopathy may or may not be present. <sup>44,45</sup> If left untreated, it can progress to		
250 251	edges. <sup>12,27,44</sup> Regional lymphadenopathy may or may not be present. <sup>44,45</sup> If left untreated, it can progress to scrofuloderma, LV, disseminated TB, or exceptionally resolve with scarring. <sup>27</sup>		
250 251 252	edges. <sup>12,27,44</sup> Regional lymphadenopathy may or may not be present. <sup>44,45</sup> If left untreated, it can progress to scrofuloderma, LV, disseminated TB, or exceptionally resolve with scarring. <sup>27</sup> Tuberculosis vertucosa cutis		
250 251 252 253	edges. <sup>12,27,44</sup> Regional lymphadenopathy may or may not be present. <sup>44,45</sup> If left untreated, it can progress to scrofuloderma, LV, disseminated TB, or exceptionally resolve with scarring. <sup>27</sup> Tuberculosis verrucosa cutis Earlier terminologies including prosector's or butcher's wart allude to the appearance and route of		
250 251 252 253 254	edges. <sup>12,27,44</sup> Regional lymphadenopathy may or may not be present. <sup>44,45</sup> If left untreated, it can progress to scrofuloderma, LV, disseminated TB, or exceptionally resolve with scarring. <sup>27</sup> Tuberculosis verrucosa cutis Earlier terminologies including prosector's or butcher's wart allude to the appearance and route of infection of TBVC (inoculation from infected cadavers). It accounts for about 3 – 19% of all CTB. <sup>8,11,18,19,35</sup>		

on the lower extremities and buttocks.<sup>46</sup> (Figure 2) Feet and buttocks are common sites due to the practice of spitting outdoors combined with the habit of walking barefoot and squatting outside.<sup>9,46</sup> With education and improved sanitation, the incidence of TBVC has decreased in some nations.<sup>9,10</sup> Due to its insidious growth, patients often present years after onset.<sup>35</sup> Dermoscopy can aid in diagnosis and is characterized by papillated surfaces with a yellow-red background, and dirty white thick scales. Dilated papillary vessels with multiple yellow to orange structureless and globular areas are observed at 40x magnification.<sup>47</sup>

262 Lupus vulgaris

LV is one of the most common types of CTB (4 - 63%).<sup>5,9,15,18,48</sup> Classically described as a slow-263 growing asymptomatic red-brown infiltrated plaque with one advancing border with overlying scale-crust, 264 and other scarred or fibrosed border, with a central atrophic area.<sup>9,49,50</sup> (Figure 3) Multiple lesions may occur 265 in a "sporotrichoid" fashion.<sup>51-53</sup> Diascopy may reveal "apple-jelly" nodules. The most common locations 266 267 are head, neck and legs.<sup>5,10,49</sup> LV can present on the upper extremities from inoculation by acupuncture, tattooing or injection.<sup>33,43,54-56</sup> Diagnosis is often delayed by years or decades due to its gradual growth, 268 asymptomatic nature, and similarity to myriad dermatoses.<sup>51, 57–62</sup> Dermoscopic features have been studied 269 270 in Indian skin and include scattered yellow-white globules, white scales, white structureless areas and a 271 pink-red background in all cases, followed by telangiectasias in 84%. On facial lesions, four-dot clods, white rossettes, and patulous follicles were observed.<sup>63</sup> 272

273 Acute miliary cutaneous tuberculosis

Patients are usually ill appearing, and have multiple subcentimetric, polymorphic, erythematous papules and pustules, with or without central necrosis or umbilication, predominantly on the limbs and trunk. A large proportion of patients are coinfected with HIV/AIDS and have disseminated systemic TB.<sup>64</sup> It is uncommon (0 - 11%) and associated with increased mortality.<sup>15,18,19,27,48</sup>

278 Metastatic tuberculous abscess

Also termed TB gumma, it is an uncommon presentation (0 - 13%) and manifests as fluctuating subcutaneous nodules in immunocompromised patients.<sup>5,12,15</sup> (Figure 4) It indicates a hematogenous spread and poor prognosis.<sup>18,27</sup> 282 Orificial tuberculosis

This rare CTB form accounts for up to 2.7% of cases.<sup>9,12,15,19</sup> Painful or painless non-healing punched out ulcers are characteristic of orificial TB.<sup>65–67</sup> These occur in immunosuppressed individuals due to autoinoculation from pulmonary, gastrointestinal or genitourinary TB. The most common site is the oral cavity (including hard palate, tongue and lips), and can also affect the anogenital areas.<sup>62–65</sup>

287 Scrofuloderma

Also called tuberculosis colliquativa cutis, scrofuloderma is common in endemic areas (rates range 288 from 2.8-72%).<sup>8,12,13,15,19,48,69,70</sup> It is characterized by painless, solitary, or multiple subcutaneous swellings, 289 undermined ulcers with violaceous edges or indurated plaques with fistulae draining purulent or caseous 290 material.<sup>27,45</sup> (Figure 5) Depending on the contiguous TB focus, the lesions usually overlie enlarged lymph 291 nodes, sometimes bones or joints, and rarely testes.<sup>6,45,71</sup> The most common site is the neck – hypothesized 292 293 to be from consumption of unpasteurized milk contaminated with M. bovis that may infect the tonsils and draining cervical nodes. This is followed by groin, trunk, mandible, axilla, and hands.<sup>11,35,45,49,72</sup> If present 294 in bilateral axillae, scrofuloderma can mimic hidradenitis suppurativa.<sup>73</sup> 295

296 <u>Tuberculids</u>

297 Diagnostic criteria

298 Certain features assist in the diagnosis of a tuberculid: a past or present history of TB, presence of 299 a positive tuberculin test (Figure 6), and a complete response to antitubercular treatment. Several 300 dermatoses were hypothesized to be associated with TB and termed "tuberculids", however, now only a 301 few conditions are recognized as true tuberculids.<sup>38</sup> Some studies suggest rare variants such as nodular 302 granulomatous phlebitis, but the conventional ones are discussed here.<sup>74</sup>

303 True tuberculids

(i) Lichen scrofulosorum: It is characterized by asymptomatic, innumerable grouped erythematous
 perifollicular papules, often with a scale crust, that have a predilection for the trunk and proximal
 extremities.<sup>69,75,76</sup> (Figure 7) Prevalence varies, and it accounts for 0.1% CTB in Japan and 33% in India.
 On dermoscopy, pale monomorphic perifollicular round dots with central black plugs and peripheral scaling

and hyperpigmentation can be visualized.<sup>77</sup> These dermoscopic details can help assist in diagnosis. About
 72% of cases have an underlying systemic focus of TB.<sup>75</sup>

310 (ii) Papulonecrotic tuberculid (PNT): Recurring crops of painless polymorphic erythematous to violaceous

311 papular, pustular and nodular lesions, on extremities and trunk, that resolve with varioliform scarring are

312 characteristic. (Figure 8) It accounts for 3 - 12.8% of CTB.<sup>8,69</sup>

313 (iii) Erythema induratum of Bazin: It is characterized by tender, erythematous nodules, commonly present

on bilateral posterior calves, that ulcerate. It predominantly affects young women and is more common in

Japan and China, accounting for 35 - 40% of CTB.<sup>9,10,78</sup> Morphologically, it resembles erythema nodosum

and nodular vasculitis which have several etiologies unrelated to TB.<sup>38,79</sup>

317 Pseudo tuberculids

Lupus miliaris disseminatus faciei and rosaceiform tuberculid are chronic granulomatous dermatoses that present with multiple monomorphic infiltrated erythematous papules on the face. These were earlier considered tuberculids but are not accepted as such due to limited evidence.<sup>80,81</sup>

321

## 322 Differential diagnoses

323 CTB can mimic several infectious and non-infectious dermatoses. Apart from histopathology, 324 culture, and PCR, a high index of suspicion is required for diagnosis. If there is a strong clinical suspicion 325 for TB and inconclusive laboratory results, a trial of antitubercular treatment can be used. Drug sensitive 326 CTB responds in about 6 weeks; thus, symptom relief confirms the diagnosis.<sup>20</sup> The classical clinical 327 features and differential diagnoses for CTB are detailed in Table 2 and 3, respectively.

328 Systemic involvement

Simultaneous systemic involvement in CTB varies widely and ranges from 2 – 53%.<sup>5,6,9–</sup>
 <sup>13,15,18,20,69,71</sup> Possible explanations are that lymphadenopathy is not considered systemic involvement by all,
 rates are higher in endemic areas, and some studies included only children (higher rates of organ
 involvement).<sup>10,20,43,69</sup> The frequency varies with the type of CTB; in general, it is higher for multibacillary
 types.<sup>5,6,9,15,71</sup> Although tuberculids are paucibacillary, high rates of systemic involvement are noted.<sup>69,71</sup>

334	Lymphadenopathy is a marker of disseminated disease (72% versus 32% in localized disease) and
335	is more common in children. <sup>5,48</sup> Overall rates vary from 8% to 92%. <sup>12,18,33,48</sup> It is reported in 26 - 81%, 35%,
336	45%, of scrofuloderma, LV, and lichen scrofulosorum respectively. <sup>6,69</sup> The lungs are the most common
337	extra-cutaneous systemic organs involved in CTB.9,10,12 Up to 100% of orificial TB, 64% of lichen
338	scrofulosorum, 7 - 45% of cases scrofuloderma have pulmonary TB. <sup>6,9,11,71</sup> Underlying bone (osteomyelitis)
339	or joint (TB arthritis) is common in scrofuloderma; $10 - 35\%$ are reported to have contiguous spread from
340	bone whereas 8% have associated arthritis. <sup>6,11,69,71</sup> Central nervous system involvement is reported in up to
341	9% of LV and 13% of scrofuloderma cases. Abdominal TB (hepatic or splenic involvement, ascites,
342	mesenteric lymphadenopathy) occurs in 53%, 5 – 13%, 9% of TB gumma, scrofuloderma, and LV cases,
343	respectively. <sup>5,69</sup> Rarely, breast involvement in the form of granulomatous mastitis and epididymal
344	involvement in scrofuloderma can occur. <sup>6,18,69,71</sup>
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## 534 Table 1: Classification of cutaneous tuberculosis based on route of infection and host immunity.

Classification	Route of infection	Form	Immune status
		Tuberculous chancre*	No prior TB
	Inoculation		exposure
		TB verrucosa cutis	_
True cutaneous		I	Good immunity
TR	I la mata con ous	Lupus vulgaris	Good minutity
	Hematogenous		
		Acute military TB*	
		TB gumma*	Low immunity
	Contiguous/autoinoculation	Orificial IB*	_
	Contiguous	Scrofuloderma*	
		Depulopeeratic tuberculid	Strongost immun
Tuberculide	Endogenous	Emphane inducation of	
Tubercullus	Endogenous	Bazin	(hypersensitivity)

548	Table 2: Clinical features of	cutaneous tuberculosis	variants with the expected	tuberculin skin test.
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Tuberculosis type	Characteristic clinical features	Tuberculin skin test
<b>Tuberculous</b> A slow growing painless papule or nodule that later		Negative; may become
chancre/Primary	develops into an ulcer with undermined margins	positive in later stages
inoculation		
tuberculosis	4	
Tuberculous	Verrucous plaque with or without fissuring. May also have	Strongly positive
verrucosa cutis	perilesional erythema or atrophy Advanced lesions may	
	show peripheral irregular extension with central involution.	
Lupus vulgaris	Classic Plaque: painless reddish-brown papules or plaques	Commonly positive
	with peripheral extension and central atrophy. Apple jelly	
	nodules on diascopy. Variants include hypertrophic,	
	ulcerated, atrophic lupus vulgaris.	
Acute miliary TB	Multiple pustules or erythematous papules with central	Negative
	vesiculation or necrosis	
Gumma/Metastatic	Painless fluctuating subcutaneous nodules	Negative or positive
tuberculous abscess		
Orificial TB	Painful ulcers, nodules, or papules with undermined	Negative or positive
	margins. Usually located in the oral cavity, genital, or anal	
	areas.	

Scrofuloderma	Shallow ulcerated plaques with bluish margins and	Usually, positive. May be
	fistula/sinus formation. Caseous discharge may be present.	negative in some cases
	Puckered scarring is often present.	
Lichen	Multiple grouped perifollicular papules with an overlying	Strongly positive
scrofulosorum	scale-crust. Other variants are psoriasiform and lichenoid	
	forms	
Panulonecrotic	Inflammatory papulo-pustules with necrosis Associated	Strongly positive
i apuioneer one	infunitiatory pupulo pustales with herosis. Associated	Subligity positive
tuberculid	with hepatosplenomegaly and phlyctenular conjunctivitis.	
		~
Erythema	Inflammatory subcutaneous nodules, most commonly on	Strongly positive
induratum of Bazin	calves, that later form deep ulcers.	

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Cutaneous TB	Differential diagnoses			
	Non-infectious conditions	Infections		
Tuberculous chancre	Traumatic ulcer	Syphilitic chancre		
		Bacterial ulcer		
Tuberculosis verrucosa	Plantar keratoderma	Verruca vulgaris		
cutis	Hypertrophic lichen planus	Chromoblastomycosis		
Lupus vulgaris	Sarcoidosis	Tinea corporis		
	Psoriasis	Tuberculoid leprosy		
	Granuloma annulare	<ul> <li>Sporotrichosis</li> </ul>		
	Discoid lupus	Chromoblastomycosis		
	• Lichen simplex chronicus	Blastomycosis		
	Granulomatous rosacea	<ul> <li>Atypical mycobacterial</li> </ul>		
	<ul> <li>Squamous cell carcinoma</li> </ul>	infection		
		<ul> <li>Secondary syphilis</li> </ul>		
		Leishmaniasis		
Acute miliary cutaneous	• Drug eruption	Varicella		
tuberculosis	Pityriasis lichenoides			
	varioliformis et acuta			
Tuberculous abscess	Panniculitis	<ul> <li>Bacterial abscess</li> </ul>		
		<ul> <li>Nocardiosis</li> </ul>		
		Sporotrichosis		
Orificial tuberculosis	Chron's disease	Mucosal leishmaniasis		
Scrofuloderma	<ul> <li>Hidradenitis suppurativa</li> </ul>	<ul> <li>Dental sinus tract</li> </ul>		
		<ul> <li>Actinomycosis</li> </ul>		
		Bacterial ulcers		
		Sporotrichosis		
Tuberculids				
Lichen scrofulosorum	Lichen planus	<ul> <li>Secondary syphilis</li> </ul>		
	<ul> <li>Lichen spinulosus</li> </ul>			
	<ul> <li>Lichen nitidus</li> </ul>			
	Psoriasis			
Papulonecrotic tuberculid	Pityriasis lichenoides	• Varicella		
	varioliformis et acuta			
	Lymphomatoid papulosis			
Nodular tuberculid	Erythema nodosum	Bacterial ulcers		
	<ul> <li>Polyarteritis nodosa</li> </ul>			

#### Table 3: Clinical differential diagnoses for each type of cutaneous tuberculosis.

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## 565 Figure legends:

- 566 Figure 1: An ulcer caused after BCG vaccine in an infant characteristic of primary inoculation tuberculosis 567 Figure 2: Characteristic vertucous plaque of tuberculosis vertucosa cutis on the dorsum of the finger in a healthcare worker (A) with similar plaques present linearly on the sole of right foot in another patient (B) 568 569 Figure 3: Lupus vulgaris as a large well-defined plaque with advancing vertucous lateral borders and an 570 atrophic center present on the gluteal fold and upper thigh (A). A similar plaque present on the upper limb (B) with a magnified image of an early red-brown lupus vulgaris plaque on the elbow in (C). D demonstrates 571 572 Inoculation lupus vulgaris in a tattoo where the disease activity is most evident within the borders of the tattooed ink. 573 Figure 4: Metastatic tubercular abscess present on the left upper eyelid 574 575 Figure 5: A. An ulcer with violaceous edges in a child with scrofuloderma with radiographic evidence of underlying tuberculous osteomyelitis in the same patient (B). Tuberculous dactylitis of the index finger 576 577 with an overlying ulcer (C). Scrofuloderma as an atrophic scar with a hyperkeratotic plaque in the proximal 578 and distal ends signifying ongoing activity, overlying the involved mandible (D) Multiple ulcers with 579 undermined edges and violaceous borders overlying the hip bones (E). 580 Figure 6: Strongly positive tuberculin skin (Mantoux) test that has blistered in (A) and another patient with
- lichen scrofulosorum with an ulcerated Mantoux site, the volar aspect of the forearm, indicative of goodimmunity
- Figure 7: Innumerable grouped monomorphic erythematous perifollicular papules with a scale crust presenton the trunk of a young boy typical for lichen scrofulosorum
- Figure 8: Papulonecrotic tuberculid lesions on trunk and buttock (A) and characteristic red brown to
  violaceous papules, in various stages of evolution, with round atrophic scares involving bilateral legs (B)
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